

EVERYDAY HEALTH

The most comprehensive
OPD plan at your fingertips.



CUSTOMISABLE

COMPREHENSIVE

COMPLETELY DIGITAL

NOT JUST OPD

THIS IS WELLNESS

Everyday Health is a thoughtfully designed offering to provide comprehensive coverage for the **'Everyday'** health needs for your customers.

A one of its kind offering, which is completely modular and can be customized as per the requirements. The benefits not only caters to the health needs but also focusses on Wellness of your customers.

Everyday Health Advantages



Choose from OPD and Wellness related benefits and make a Customized plan



Choose the Limits for each benefit individually or Offer a Master Sum Insured



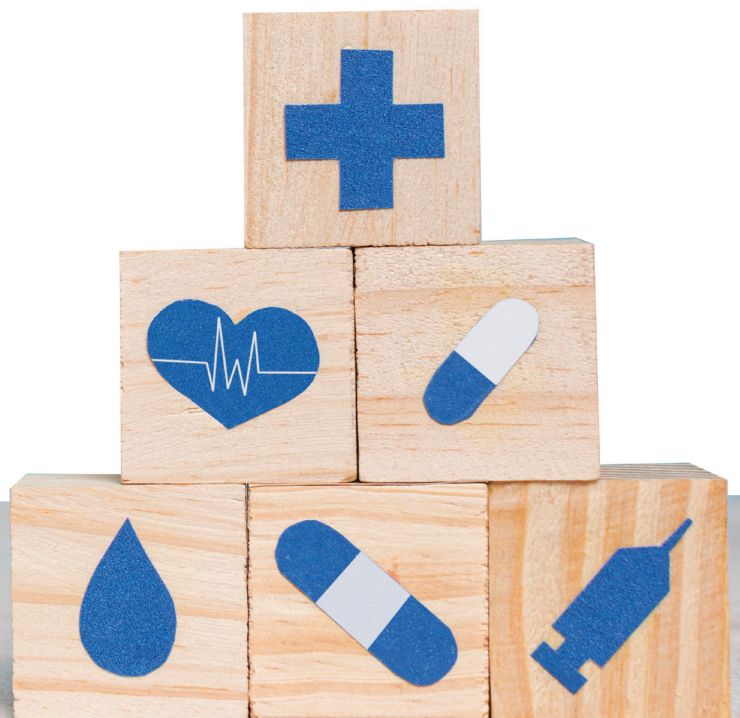
Personalize as per need. Offer only Health or Wellness Benefits or Both



Seamlessly combine with other NBHI* products or offer on standalone basis



Complete Digital Offering with Easy to use Journeys through the NBHI Health App



The OPD Platform

Everyday Health is not just a product, it is a complete platform, providing easily customizable benefits and hassle-free service access.

The Core Benefits



Doctor Consultations

Digital and Physical Consultations with General Practitioners and Specialists



Diagnostics

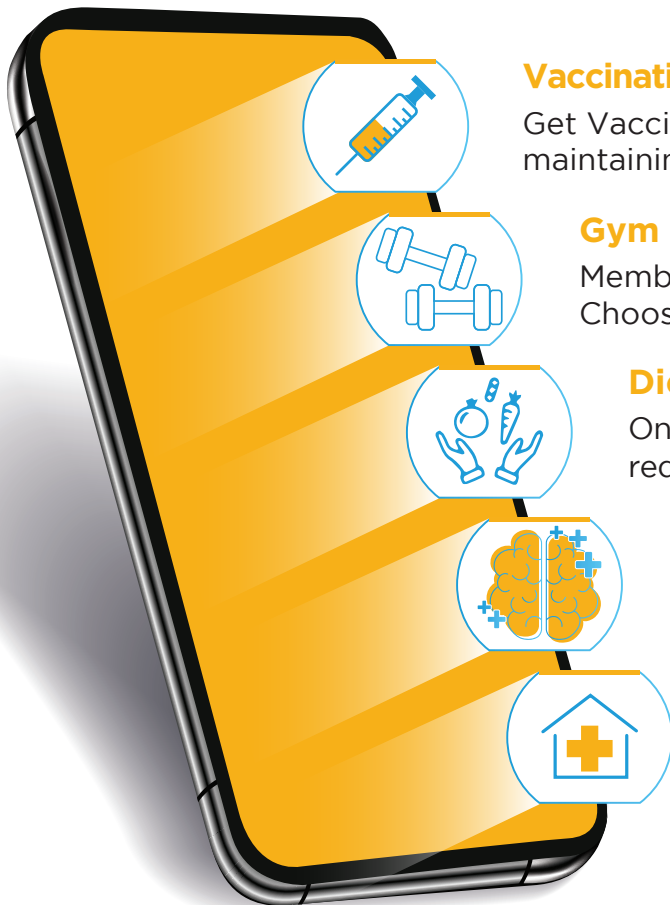
Any diagnostic tests like Lipid, CBC, LFT, etc. or pre defined packages



Pharmacy

Medicines prescribed for a treatment by the doctor including dietary supplements

Innovating Wellness



Vaccinations

Get Vaccination cover for preventing diseases and maintaining a healthy lifestyle

Gym Membership & Fitness Sessions

Membership for gyms for complete physical fitness. Choose from Physical gyms or Online fitness sessions

Diet & Nutrition Consultations

Online Sessions with a Health Coach to keep track of dietary requirements. Get diet plans, tips for a healthy lifestyle

Mental Wellness Sessions

Sessions with a mental health specialist. Get Assessments, tips for a healthy Mind.

Preventive Health Check-up

Choose the tests or select from a pre defined package. To keep track of your health

A Unique Proposition



Choose how to offer the benefits, providing complete control to you.



Choose a **Single Wallet** for all benefits or **Independent Wallets** for each benefit with their own limits

Give **Vouchers** for any of the benefits. Choose vouchers based on number of consultations, tests or visits or choose a monetary value



Choose only Wallet or Vouchers or Both under a single plan

The Most Flexible Wallet



Integrated Wallet

A Single Wallet with a master limit for all benefits. Option to choose sub-limits for each benefit or cover them up to the Master Wallet Limit.

Option 1

A Wallet with No Sub-limits

Physical Consultations with a General Practitioner



Prescribed Pharmacy



Prescribed Diagnostics



Option 2

A Wallet with Sub-limits

Physical Consultations with a General Practitioner up to INR 5,000



Vaccinations up to INR 2,500



Prescribed Diagnostics up to INR 5,000



Prescribed Pharmacy up to INR 5,000



Individual Benefit Wallet

A separate wallet for each benefit with independent limits under a single plan



Physical Consultations with a General Practitioner up to INR 5,000



Prescribed Pharmacy up to INR 2,500



Preventive health Check-up, up to INR 1,000



Mental Wellness Sessions - 10 Sessions (Cashless)



Annual Gym Membership (cashless)

Vouchers



Single Use Vouchers that can be given for any of the benefits.
Any number of coupons can be offered for all or selected benefits.

Option 1

Consultations

5 Vouchers for Physical Consultations | **20 Vouchers** for Tele-Consultations

Option 2

Diagnostics

3 Vouchers of INR 1000 each for Diagnostics | **1 Voucher** for Preventive Health Check-up

Option 3

Wellness

Gym Membership for **3 Months** | **3 Vouchers for INR 750** per visit for Nutritionist & Dietician | **1 Voucher for INR 3000** for Mental Wellbeing

Benefit List



Tele & Video
Consultations with
GP & Specialists



Physical Consultations
with GP & Specialists



Diagnostic Services



Pharmacy



Vaccinations



Second Medical
Opinion



Dental^{\$}



Eye Care^{\$}



Diet & Nutrition
Sessions



Annual Health
Check-up



Home Health
Care Services



Monitoring Devices



Mental Wellness
Sessions



Gym Membership,
Online Fitness
Sessions



Condition
Management
Packages

● Cashless

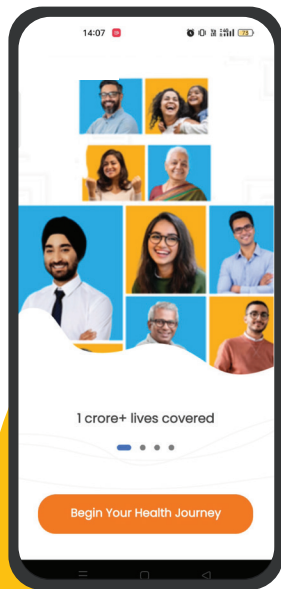
● Reimbursement (with or without co-payment)

Completely Digital Delivery

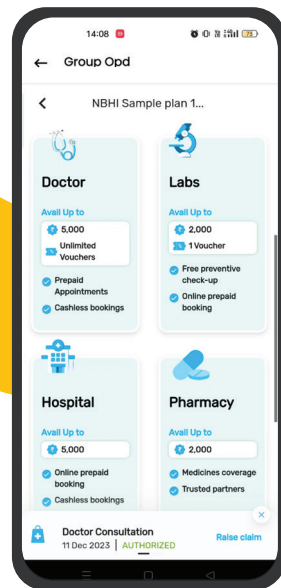
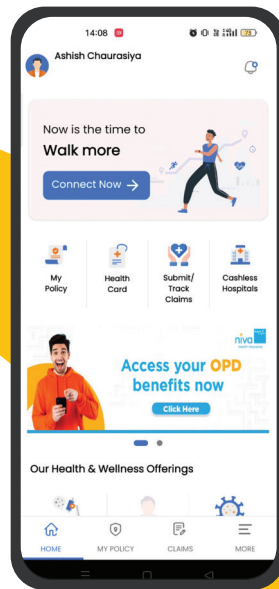


Access the benefits at the click of a button through the NBHI Health App. Book / reschedule / cancel your booking, access reports or file for reimbursement claims.

Login to the
NBHI Health
App



Click on the
OPD Banner



Avail the benefits



**EVERYDAY
HEALTH**

Disclaimer: This is only a summary of the product features and is for reference purpose only. The details of benefits available shall be as described in the policy schedule, and will be subject to the policy terms, conditions and exclusions. Please call our customer service if you require any further information or clarification.

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